

Is your child experiencing any of the following symptoms?

- Behavior or academic problems at school
- Angry outbursts
- Withdrawal from social activities or play
- Frequent nightmares or sleep disturbances
- Physical problems: nausea, headaches, weight gain or loss
- Intense anxiety or avoidance behavior; low self-esteem
- Depression or a sense of hopelessness about life/future
- Alcohol or drug use problems
- Dangerous risk-taking behavior
- Continued worry about the event

If so, we can help...

CAITS is funded through Medicaid and the Rhode Island Department of Human Services.

Gateway Healthcare is a non-profit behavioral healthcare organization that provides a comprehensive range of services to children, adults and families in Rhode Island.



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For General Information about Gateway Healthcare, call Administration at **(401) 724-8400**

For Appointments and Information on programs and services, contact our Information and Intake Department at **(401) 729-8701 or toll-free 888-841-5252**

For Emergency/Crisis situations, call our 24-hour Emergency Hotline **toll-free 866-429-3979**

CHILD & ADOLESCENT INTENSIVE TREATMENT SERVICES (CAITS) TRAUMA TEAM

What to Expect When Your Child is Affected by a Trauma



Moving Lives in the Right Direction



CAITS Trauma Program – Specialized Treatment for Children and Youth Suffering from Trauma



Gateway Healthcare has developed a specialized program to provide Child and Adolescent Intensive Treatment Services (CAITS) to children and youth who have experienced traumatic events. This evidence-based program offers trauma and grief therapy services and psychiatric consultation and assessment to children and their families.

WHAT IS TRAUMA?

Trauma is defined as any real or perceived life-threatening situation. Children often have varied emotional and physical reactions after experiencing a trauma that is emotionally painful, distressful or shocking. If unresolved, there are often lasting mental and physical effects. The following is a list of the types of trauma a child can experience:

Disasters/Events: Disaster or events such as hurricanes, earthquakes, terrorism, war, victim of crime, serious car accidents, etc.

Abuse: This includes sexual, physical and emotional or verbal abuses and/or witnessing domestic violence.

Neglect: Neglect is the failure of caregivers to fulfill their responsibilities to provide needed care.

Death-related Trauma: A Sudden Death occurs without any forewarning; it is unexpected. A Traumatic Death, in addition to being sudden, can also be violent or destructive and may involve many deaths. Trauma may also occur when the child has witnessed a long-term illness.

INDIVIDUALIZED THERAPEUTIC SERVICES

Gateway's services include community and home-based therapeutic sessions which use play therapy, cognitive behavioral therapy, family therapy and parent education resources. Our highly trained team of psychiatrists, clinicians and case managers works with the family and all key stakeholders to develop an individualized treatment plan based on the family's needs.

Our teams are co-located in several schools throughout Rhode Island allowing for seamless and expedient access, as well as efficient care coordination.

WHO IS ELIGIBLE?

- Child with a DSM-IV diagnosis of severe emotional/behavioral disturbance
- A child in crisis
- Child who can be kept safe within available community settings
- Situation where standard outpatient treatment has not been effective

CONTACT US

The Trauma program has licensed, bilingual individuals and case managers on staff to answer any questions that parents may have. For more information or to contact us, please call **(401) 729-8701**.

For emergency services, call **toll-free 866-429-3979**.