

The loss of a loved one can have a profound impact on children and teens, who often use silence as a way of coping. How can you tell if your child's grief goes beyond what is considered to be the typical process?

How can you help your child through their loss?

We can help.

CALL US

For more information or to make an appointment, please call **(401) 729-8701**.

For emergency services, call **toll-free 866-429-3979**.

CAITS is funded through Medicaid and the Rhode Island Department of Human Services.

Gateway Healthcare is a non-profit behavioral healthcare organization that provides a comprehensive range of services to children, adults and families in Rhode Island.



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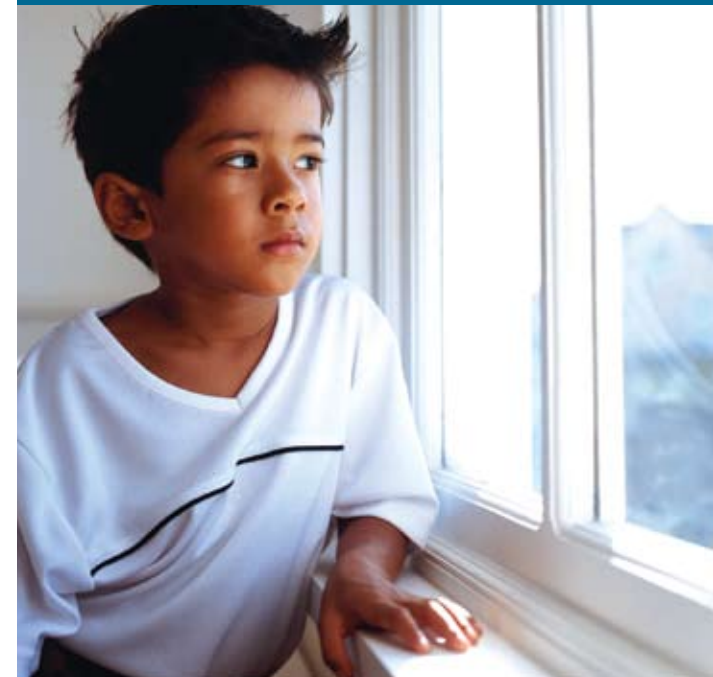
For General Information about Gateway Healthcare, call Administration at **(401) 724-8400**

For Appointments and Information on programs and services, contact our Information and Intake Department at **(401) 729-8701 or toll-free 888-841-5252**

For Emergency/Crisis situations, call our 24-hour Emergency Hotline **toll-free 866-429-3979**

CHILD & ADOLESCENT INTENSIVE TREATMENT SERVICES (CAITS) COMPLICATED GRIEF PROGRAM

Specialized Treatment for Children and Youth



Moving Lives in the Right Direction

The CAITS Program partners with FRIENDS WAY, RI's only family bereavement center, in issues of complicated grief.



CAITS – Specialized Treatment for Children and Youth with Complicated Grief



Gateway Healthcare has developed a specialized program to provide Child and Adolescent Intensive Treatment Services (CAITS) to children and youth who are experiencing complicated grief after being impacted by a death loss. Children experiencing complicated grief are often “emotionally frozen” and unable to process the typical grief stages.

Children experiencing complicated grief often exhibit serious behavioral and emotional issues in the months or years after a death loss. These children may have extreme anxiety, depression and post-traumatic stress disorder. If the complicated grief issues are not resolved, children and youth may experience serious mental health and relationship difficulties in the future.

WHEN DOES COMPLICATED GRIEF ARISE?

- A child may experience complicated grief if a death loss was sudden, traumatic, and violent such as with homicide, suicide and accidents.
- Complicated grief may develop if the child has already had previous multiple losses and/or if the deceased individual was abusive/neglectful to the child.
- A child may also experience complicated grief if there is inadequate or inappropriate support through their social network.

IS THE CAITS COMPLICATED GRIEF PROGRAM RIGHT FOR MY CHILD?

Our team of specialized clinical and case management professionals works with you to identify your family’s needs and determine the most appropriate and effective level of care. Additionally, the CAITS team is working collaboratively with FRIENDS WAY, RI’s only bereavement center, which offers peer-to-peer support groups for bereaved children and families.

CAITS ADMISSION CRITERIA

In addition to a child experiencing a death loss, the following conditions must be present:

- Ages 4-18 years of age (may receive services until age 21 if active with DCYF)
- Exhibiting significant impairment in any of the following areas:
 - Autonomous functioning (e.g. diminished capacity for self care, cognitive impairment, decreased energy, rituals or interests that seriously interfere with daily functioning, safety concerns, phobias)
 - Community (e.g. isolation, problematic peer relations, poor use of leisure time, involvement with the police)
 - Family (e.g. oppositional behavior, role confusion, run-away, aggressiveness with friends and family)
 - School (e.g. school phobia, anxiety, truancy, difficulty learning/concentrating)
- Or, experiencing the following symptoms:
 - Psychotic symptoms not due to substance abuse
 - Suicide risk by history, ideation or behavior
 - Significant risk for violence to self or others
 - At risk for out-of-home placement