

**Children and adolescents sometimes need help understanding and dealing with their thoughts and feelings. Often those feelings cause them to act out in inappropriate and destructive ways.**

**How does a family stop the cycle and begin to heal?**

**We can help.**



**ADMINISTRATIVE OFFICES**  
249 Roosevelt Avenue, Suite 205  
Pawtucket, RI 02860-2134  
tel (401) 724-8400  
fax (401) 724-8488

[www.gatewayhealth.org](http://www.gatewayhealth.org)

For General Information about Gateway Healthcare, call Administration at **(401) 724-8400**

For Appointments and Information on programs and services, contact our Information and Intake Department at **(401) 729-8701 or toll-free 888-841-5252**

For Emergency/Crisis situations, call our 24-hour Emergency Hotline **toll-free 866-429-3979**

**Gateway Healthcare is a non-profit behavioral healthcare organization that provides a comprehensive range of services to children, adults and families in Rhode Island.**

## CHILD & ADOLESCENT INTENSIVE TREATMENT SERVICES (CAITS)

Specialized Treatment for Children and Youth in Crisis



**Moving Lives in the Right Direction**



## Child & Adolescent Intensive Treatment Services (CAITS)



### CHILD & ADOLESCENT INTENSIVE TREATMENT SERVICES (CAITS)

Our specialized teams include interventions for grief, trauma, substance abuse, depression, anxiety, juvenile justice, parent/child relations, oppositional defiant behaviors and other behavioral health disorders. We work to help the child and family through a team approach that includes psychiatric evaluation, case management and intensive family, group and individual therapy. Designed for children, adolescents and their families, every effort is made to stabilize the family and keep the child at home, attending his or her school while receiving support and clinical services.

### WE CAN HELP...

- If you are a parent with a child who suffers from emotional/behavioral or substance abuse issues
- If you are a professional working in private practice, mental health clinics, schools or other agencies with a client referral

### FAMILY-ORIENTED CARE

We know that when a child suffers, the entire family suffers. That's why our treatment involves the child's family, helping them find ways to relate to each other and cope with existing problems. We provide therapeutic treatment within all relevant settings: the home, school, juvenile justice, primary care and other medical establishments.

### A WIDE RANGE OF STRENGTH-BASED THERAPEUTIC SERVICES

CAITS provides primarily home-based intensive therapies and care coordination services for children at risk of psychiatric hospitalization or out-of-home placement. We work hand-in-hand with schools to identify and address potential problems while coordinating with other agencies to provide treatment options grounded in evidenced-based practices.

We believe that every child and family has strengths and resources that can be used to find solutions. Our CAITS teams are co-located in several schools throughout Rhode Island allowing for seamless and expedient access, as well as efficient care coordination.

### PROFESSIONAL STAFF ON YOUR SIDE

Our highly trained team of psychiatrists, clinicians and case managers works with the family and all key stakeholders to develop an individualized treatment plan based on the family's needs.

### CALL US

For more information or to make an appointment, call **(401) 729-8701**.

For emergency services, call **toll-free 866-429-3979**.

**CAITS is funded through Medicaid and the Rhode Island Department of Human Services.**