

**Having a teen who is experiencing substance abuse and behavioral health problems can be difficult on a family.**

**How do you find help to start healing the family?**

**We can help.**



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For General Information about Gateway Healthcare, call Administration at **(401) 724-8400**

For Appointments and Information on programs and services, contact our Information and Intake Department at **(401) 729-8701 or toll-free 888-841-5252**

For Emergency/Crisis situations, call our 24-hour Emergency Hotline **toll-free 866-429-3979**

**Gateway Healthcare is a non-profit behavioral healthcare organization that provides a comprehensive range of services to children, adults and families in Rhode Island.**

## CHILD & ADOLESCENT INTENSIVE TREATMENT SERVICES (CAITS) CO-OCCURRING DISORDER PROGRAM

Substance Abuse and Behavioral Health Treatment for Teens



**Moving Lives in the Right Direction**



## CAITS Co-occurring Disorder Program – Substance Abuse and Behavioral Health Treatment for Teens



Gateway Healthcare offers specialized Child and Adolescent Intensive Treatment Services (CAITS) to youths who are experiencing difficulties with substance abuse and behavioral health issues. This Co-Occurring Disorder (COD) program is designed to work with the youth and their families within the context of the adolescent's social environment (school, community, home, etc).

We provide an array of clinically-oriented, community-based services and supports geared to address the multitude and complex needs of adolescents and their families.

### EVIDENCE-BASED TREATMENT

We provide evidence-based treatment, implementing Motivational Enhanced Therapy/Cognitive Behavioral Therapy (MET/CBT) for adolescent substance abusers and his/her family. The MET/CBT intervention seeks to extend the focus of treatment beyond the world of the adolescent by engaging the whole family system, a major factor in the adolescent's life.

### TEAM APPROACH

Our COD program provides intensive clinical services and supports that are geared toward the individual and family. The team is comprised of a multidisciplinary team of professionals that include psychiatrists, licensed mental health counselors, social workers, substance abuse professionals, master level clinical staff, and casemanagers. Treatment is delivered primarily in a community, school, and/or family setting.

### WHAT SERVICES DO FAMILIES RECEIVE?

- Intensive clinical community, home and office-based services
- Family Support Services
- Substance Abuse/behavioral health education and treatment
- Parent education and therapy
- Referrals/consultations as indicated

### WHO IS ELIGIBLE?

Adolescents, ages 12-17 who are seeking substance abuse and behavioral health intensive community based services.

**Our teams are co-located in several schools throughout Rhode Island allowing for seamless and expedient access, as well as efficient care coordination.**

### CONTACT US

For more information or to make an appointment, please call **(401) 729-8701**.

For emergency services, call **toll-free 866-429-3979**.

**CAITS is funded through Medicaid and the Rhode Island Department of Human Services.**